

Thanks to Christopher Guilfoil for adding some artistic grace notes to our August Calendar, including the poem below.

### The Dreamer

-Paul Laurence Dunbar

Temples he built and palaces of air,  
And, with the artist's parent-pride aglow,  
His fancy saw his vague ideals grow  
Into creations marvelously fair;  
He set his foot upon Fame's nether stair.  
But ah, his dream,-it had entranced him so  
He could not move. He could no farther go;  
But paused in joy that he was even there!

He did not wake until one day there gleamed  
Thro' his dark consciousness a light that racked  
His being till he rose, alert to act.  
But lo! What he had dreamed, the while he dreamed,  
Another, wedding action unto thought,  
Into the living, pulsing world had brought.

*Paul Laurence Dunbar, one of the first African American poets to gain national recognition, was born in Dayton, Ohio, in 1872. He published ten poetry collections and many short stories and novels before his death in 1906.*

## Portland Branch Calendar August, 2018

### First Class of the School of Spiritual Science

**No Lesson in August** • The Lesson in Berne, 17 April 1924 (no admittance after the class starts) • Bothmer Hall, 5915 SE Division St, Portland, 97206 **Blue card required.** • Lessons normally held second Sunday of each month • Contact Diane Rumage at 971-271-7479; Cheri Munske at 503-484-4133; or Rebecca Soloway, 516-850-1027.

### Portland Branch Council Meeting

**August 13, 7 pm** • 2606 SE 58th Ave. • Contact Valerie Hope, 503-775-0778; [valerieannhpx@aol.com](mailto:valerieannhpx@aol.com)

All Branch members are welcome to attend, and/or call us with agenda items, proposals, suggestions, or to observe. Please contact Valerie to let her know you're coming. Meetings are normally held on the second Monday of each month.

### Regional Group Working with Rudolf Steiner's *Sketches for Painters Begins in August*

A regional group working with Rudolf Steiner's *Sketches for the Painter* will begin a new series of sketches, starting in August. This group is made up of members from Portland, Corvallis and Eugene. We have been working with *Nature's Moods* for the past few years. Beginning in August we will be working with sketches "The Spirit Form of the Human Being". These have recently been published in *The Art of Colour and the Human Form: Seven Motif Sketches of Rudolf Steiner: Studies by Gerard Wagner*. The group meets between 4 -6 times a year. If you are interested in joining contact [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com)

### Christian Community Events in September with Rev. Craig Wiggins

**September 14-16** • Visit by Rev. Wiggins, Friday lecture, bible study and Saturday and Sunday services. More details in the September newsletter.

See our blog for details and other events <http://ccoregon.blogspot.com>

### **Rudolf Steiner's Calendar of the Soul in Relation to the Michaelmas Festival with Herbert Hagens**

**Friday, September 28 – Saturday September 29** • Bothmer Hall, 5915 SE Division St.

The weekly verses in the Calendar of the Soul generate a special dynamic for one's meditative life over the course of the year. Mr. Hagens will speak about how working with the Calendar contemplations can awaken us to the Christ Impulse and the development of self-consciousness. We will focus in particular on the Michaelmas mood verse (#26). This will serve as our community Michaelmas Observance. Out of town attendees may inquire with Christine Badura about housing opportunities with local families. [badura88@hotmail.com](mailto:badura88@hotmail.com) Sponsored by the Portland Branch of the Anthroposophical Society.

### **School of Spiritual Science Meeting with Herbert Hagens – Topic to be announced**

**Sunday, September 30, 9:30 am** • Bothmer Hall, 5915 SE Division St. • Contact Jerry Soloway, [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com)

### **Christian Community Events in November with Rev. Sanford Miller**

**November 15-18** • Watch this space for more details. See our blog for details and other events <http://ccoregon.blogspot.com>

### **Biodynamic Conference Sponsored by the Biodynamic Association**

**Wednesday, November 14 – Sunday November 18** • Watch this space for more details.

### **All Souls Observance**

**Friday, November 2** • Watch this space for more details. Sponsored

### **The Inner Work Path: Strengthening the Foundations of Meditation with Lisa Romero**

**November 23, 24 & 25** • Bothmer Hall, 5915 SE Division St.

Lisa will be available the week after the mediation workshop for more talks. For more information about this workshop and her local schedule contact Patricia Lynch, [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com) For more information about Lisa Romero go to [innerworkpath.com](http://innerworkpath.com)

## **Ongoing Local Activities and Study Groups**

### **First Class of the School of Spiritual Science • Second Sunday of the Month No August Lesson**

9:30 am sharp (no admittance after the class starts) • Bothmer Hall, 5919 SE Division St, Portland, 97206 • Blue card required.

Contact Diane Ramage at 971-271-7479, Cheri Munske at 503 772-2632, or Rebecca Soloway (516) 850-1027

### **Council Meetings of the Portland Branch • Second Monday of the month**

7-9 pm • 2606 SE 58th Ave., Portland • Contact Valerie Hope, (503) 775-0778, [valerieannhpdx@aol.com](mailto:valerieannhpdx@aol.com)

All Branch members are welcome to attend, and/or to call us with agenda items, proposals, suggestions, or to observe.

### **School of Spiritual Science Study • Second Thursday of the Month**

*The First Class of the Michael School and its Christological Foundations* by S. Prokofieff • For Members of the School of Spiritual Science 7:30-9:00 pm • Contact Rebecca Soloway, [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com) or 516-850-1027

### **An Outline of Esoteric Science Study Group • First Monday of the Month**

7:45-9pm • Bothmer Hall, 5919 SE Division St., Portland 97206 • Contact Jerry Soloway 503-908-7615 or [jrsoloway@hotmail.com](mailto:jrsoloway@hotmail.com)

Please join us in lively discussions centered on Rudolf Steiner's *An Outline of Esoteric Science*.

### **Eurythmy Foundation Course with Jolanda Frischknecht**

Tuesdays 6-7:30 pm, One Saturday/month, 10:30-2:30 with lunch break • Takes place in Bothmer Hall, 5919 SE Division St., Portland 97206 • \$20/session; Cost: \$20/session; Tuesdays Only \$80; Saturday \$30; all classes \$110; paid monthly, sliding scale on request

• Contact Jolanda, [jolandamf44@gmail.com](mailto:jolandamf44@gmail.com), or 503-896-3345

### **Eurythmy for Waldorf Alumni: Wednesdays**

Study, 6:30-7:30 pm; Eurythmy; 7:30-8:30 pm • Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie •

Contact Carrie Mass, [Carrie.mass@portlandwaldorf.org](mailto:Carrie.mass@portlandwaldorf.org) If you've ever attended a Waldorf High School, this is for you!

### **Eurythmy, Portland Waldorf School Community: Thursday Mornings**

8:45-9:15 am, Eurythmy Room, Portland Waldorf School, 2300 Harrison St., Milwaukie • Free All are

welcome. Contact: Sarah Rem, 503-729-1740 or [sannerem@gmail.com](mailto:sannerem@gmail.com)

**Pacific Eurythmy, Open Classes for the Community in Anthroposophy and the Arts: Friday Evenings**

For details please see our website, [www.PacificEurythmy.com](http://www.PacificEurythmy.com) or call Jolanda, 503-896-3345 or Carrie, 415-686-3791

**Festivals Study Group: First and Third Friday Mornings**

10:00 am-12:00 pm • 2606 SE 58<sup>th</sup> Ave, Portland • contact Suzanne Walker, 503-208-2426 [zzwalker@mac.com](mailto:zzwalker@mac.com)

We are working with various of Dr. Steiner's lectures in an effort to better understand the festivals and how we may come to observe them according to his indications. This study is also greatly deepening our experience of the Calendar of the Soul and the cycle of the year.

**Living Inner Development, the Necessity of True Inner Development in the Light of Anthroposophy by Lisa Romero • Friday Mornings**

9:15 – 11:00 am • contact Patricia Lynch at [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com)

Eurythmy, painting and reading. All are welcome! Contact: [patriciahomanlynch@gmail.com](mailto:patriciahomanlynch@gmail.com)

**Man as Symphony of the Creative Word – Study Group • First and third Tuesdays**

7:30-9 pm • 3046 NE 33rd Ave. Contact Donna Patterson and Bob Kellum 503-331-7393 • All are welcome

**Mystery Dramas of Rudolf Steiner and Speech Formation Exercises • Second and Fourth Wednesdays (holidays excluded)**

7:30-9:00 pm • Free. Beginners are welcome –come check us out! • 8654 NE Boehmer St., Portland 97220 • Contact Diane Ramage by e-mail at [drumage@comcast.net](mailto:drumage@comcast.net) or by phone at 971-271-7479

There will be an opportunity to act in Scenes 7 & 8 of *The Guardian of the Threshold*, which we hope to present some time in 2018. No experience necessary.

**Portland Waldorf School Community Choir • Friday Mornings with David Edwards**

9:00-10:15 am • Portland Waldorf School, 2300 SE Harrison St., Milwaukie, in the Orchard Room • Free will donations gladly accepted, all voices are welcome. Contact [www.portlandwaldorf.org](http://www.portlandwaldorf.org) • [pws\\_choir-subscribe@yahoo.com](mailto:pws_choir-subscribe@yahoo.com)

(503) 654-2200 • No practice during school breaks.

**Waldorf Education and Teacher Training Lectures and Courses**

Conducted throughout the year by the Micha-el Institute. Contact John Miles, 503-774-4946 [johncmiles@usa.net](mailto:johncmiles@usa.net)

See Summer Programs below, in the electronic version of the newsletter

**Waldorf Teacher Education, Eugene**

Two and Three year Career Training and Artistic Development Learn more at [www.WTEE.org](http://www.WTEE.org) or call (541) 514-7905



Summertime Cows Out Halsey Way

Christopher Guilfoil

## **Teacher Trainings at Micha-el School This Summer, July 7-August 20**

**Contact:** [info@micha-elinstitute.com](mailto:info@micha-elinstitute.com)

### **Early Childhood Conference, July 22 at 7:00 PM to August 4 at 12:00 PM • \$1500-\$750**

Each summer, the Micha-el Institute holds an intensive conference on Early Childhood Education. Our Early Childhood Conference themes are offered in a cyclic fourfold progressive system. This year, the theme will be "Rhythm". Last year's theme was "Polarities". The next two years' themes will be "Imagination through Storytelling & Puppetry" and then "Health." These conferences are ideal for early childhood teachers, as well as grade school class and remedial teachers, to expand and deepen their insights, understandings, and consciousness in these areas. Lecture topics will include: Importance of Rhythm for Young Children, Rhythmical Life in the Kindergarten and at Home, Daily, Weekly, Monthly, and Yearly Rhythms, Contraction and Expansion, Benefits of Routines for Young Children, Rhythmical Systems in the Human Body, In Breathing and Out Breathing, Rhythms of Incarnation and Excarnation for Human Beings, Overcoming Egotism in These Times, Rhythms in Nature and the Universe. Workshops will include: Daily eurythmy, Daily Singing in Mood of Fifth, Choral Speaking, Creating Nature Tables along with the Yearly Rhythm, Circle Time Focusing on Contraction and Expansion, Making Rhythmical Wooden Toys, Crayon Drawing, Beeswax Modeling, Pedagogical Discussions

### **Foundations Conference August 16 at 7:00 PM to August 20 at 12:00 PM • \$500-750**

This conference is a great opportunity for current educators to brush up on the full spectrum of Waldorf education principles, and for new and developing students to enrich their growing knowledge. The Micha-el Foundations Conference will begin with an introductory lecture from 6:30-8:00pm. Each day will begin at 8:30am and finish at 3:30pm. Sessions will include lectures on Percival and Goethean Science, singing, speech exercises, painting, drawing, and discussion. We at the Micha-el Institute will be looking forward to seeing you there.